

West Timperley Medical Centre

[www.westtimperleymedicalcentre.co.uk](http://www.westtimperleymedicalcentre.co.uk/)

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**Re: TRAVEL HEALTH**

Please find enclosed a Travel Questionnaire. Please complete this fully (a separate questionnaire is required for each individual traveller) and return to the Practice before your appointment to allow us to review the information provided at least 2 weeks prior to your appointment.

Please review the travel guidance provided by the NHS in advance of your appointment <https://www.nhs.uk/conditions/travel-vaccinations/>

You can also find out which vaccinations are necessary or recommended for the areas you ‘ll be visiting here:

<https://www.fitfortravel.nhs.uk/destinations>

**PLEASE MAKE a 20 MINUTE TRAVEL APPOINTMENT** to see the Practice Nurse.

It is **YOUR RESPONSIBILITY** to make this appointment in time for your foreign travel. If you do not contact us with sufficient notice we may not be able to fit you in before you travel. In this situation you are advised to visit a specialist travel clinic. Bear in mind that some vaccines take 2-4 weeks to build protection; and some vaccines require several doses over a period of weeks or months. If you are pregnant, or likely to be pregnant when you travel, your needs will be more complex so please book your appointment even earlier.

**Vaccines**

* If Hepatitis A, Typhoid and Diphtheria/Tetanus/Polio vaccines are required these are free of charge.
* If you would like Hepatitis B vaccines (and we have sufficient stock) these cost £37.50 per dose (payable at your appointment) and a course may take several weeks/months
* We do not offer Yellow Fever, Japanese Encephalitis, Rabies or Meningitis ACWY vaccines. If these are required you will need to contact a specialist travel clinic.
* Please bring any travel and childhood vaccination records to your appointment.

**Malaria**

Please bring your travel itinerary to your appointment to establish whether you will be in a malarious area, and if so which medication is recommended. If anti-malarial medication is advised you may be able to source this from certain pharmacies. Alternatively we can supply a private prescription at a cost of £18 per traveller and you can then purchase the medication at a pharmacy of your choice.

**Further information**

The NHS website [www.travelhealthpro.org.uk](http://www.travelhealthpro.org.uk) is an excellent source of information on how to reduce your risk of travel related illness. The Nurse can answer any questions you may have at your appointment.

**On behalf of**

**West Timperley Medical Centre**

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Travel Vaccination Questionnaire

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| Name:  | Date of Birth:  |
| Contact Number: |
| **Destination:** Country and Resort (Include any stopovers on the journey) |
| Reason for Travel: Holiday / Work | Length of Stay: |
| Date of Travel: | Type of accomodation:(hotel, self-catering, camping, staying with friends/family, backpacking, cruise ect) |
| List any Allergies: | List all **Regular Medication:** |
| Are you **pregnant** or might you be before you travel?  | Yes | No |
| Date/Time of Appointment with Nurse:  |
| **Any other information:** |
| * We can only accept **1 form per person** –please complete separate forms for each family member
* Please return the completed forms by either hand, post or fax (0161 941 6500)
* Please make a 20 minute travel appointment to see the **Practice Nurse**
* It is **your responsibility** to book this appointment
 |
| Patient signature: Date: |